

MARY BETH VALIULIS, MD
CURRICULUM VITAE
2018

WORK ADDRESSES:

Private Practice General Psychiatry
Mary Beth Valiulis, MD
7607 Fern Avenue, Suite 204
Shreveport, LA 71105
Website: www.valiulis.com

Valiulis Sleep Clinic
9425 Healthplex Drive, Suite 101
Shreveport, LA 71106
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EDUCATION:

- 2000-2004 **Residency in Psychiatry, Chief Resident**
Louisiana State University Health Sciences Center, Shreveport, LA
- 2000 **Medical Doctorate**
Louisiana State University Health Sciences Center, Shreveport, LA
- 1995 **Premedical Sciences**
Louisiana State University, Shreveport, LA
- 1991 **Graduate Studies in Theology**
Pacific School of Religion, Berkeley, CA
- 1991 **Graduate Studies in Theology**
Catholic University of America, Washington, DC
- 1988 **Bachelor of Arts in Theology**
Georgetown University, Washington, DC

PROFESSIONAL EXPERIENCE:

- 2006–Present **Private Practice General Psychiatry & Sleep Medicine, Shreveport, LA**
- Board Certified Psychiatrist
 - Board Certified in Sleep Medicine
- General Psychiatry Private Practice
- Outpatient psychiatric treatment for all disorders with pharmacotherapy and/or psychotherapy.
 - Life Enrichment Seminar Series, Peak Parenting Seminars and Sports Psychology
- Valiulis Sleep Clinic
- Outpatient Sleep Medicine Clinic for all sleep disorders.
 - Interpretation of sleep studies.
 - Home Sleep Studies

- 2017-Present **Independent Medical File Review Consultant**
work remotely
- Over 112 file reviews performed.
 - Conduct reviews in psychiatry and sleep medicine of Short Term Disability claims, Long Term Disability claims, Short Term Disability claim appeals, Long Term Disability claim appeals and sleep study reviews.
 - The reviews include the assessment of restrictions and limitations and functional work capacity. The reviews often involve communication with treating physicians and co-reviewers.
- 2012-2013 **Medical Director**
Easy Sleep Concepts, Inc., Shreveport, LA
- 2008-2011 **Clinical Assistant Professor of Psychiatry**
LSUHSC Department of Psychiatry, Shreveport, LA
- 2008–2009 **Research in Sleep Medicine**
Clinical Trials of America, Shreveport, LA
- 2006-2009 **Staff Psychiatrist: Part-Time Faculty**
Overton Brooks Veterans Affairs Medical Center, Shreveport, LA
- Outpatient general psychiatry clinic
- 2005-2006 **Staff Psychiatrist: Full-Time Faculty**
Overton Brooks Veterans Affairs Medical Center, Shreveport, LA
- Outpatient general psychiatry clinic
- 2004-2005 **Medical Director of Drug Dependency Treatment Program**
Overton Brooks Veterans Affairs Medical Center, Shreveport, LA
- Outpatient psychiatric care drug dependency program
- 2003-2004 **Chief Resident**-Psychiatry Department **LSUHSC**, Shreveport, LA
- Leadership and management role of senior resident
- 2001-2004 **Residency in General Psychiatry**
Psychiatry Department **LSUHSC**, Shreveport, LA
- Residency in General Psychiatry
- 2001 **Internship**
Psychiatry Department of **LSUHSC**, Shreveport, LA
- Internship in General Psychiatry

- 1994-1995 **Research Assistant**
Louisiana State University, Shreveport, LA
- Conducted research on the Synthesis of Carbon-13 Sulfonated Poly (Styrene/ Divinylbenzene) for production of Nitrogen-13 Target Material.
 - Conducted research on the Electrophilic Aromatic Substitution of Cross-linked Poly (Styrene): Generation of a Target Material for Positron Emission Tomography.
 - Presented research at the LSUS Department of Chemistry and Physics' Spring Seminar Series.
- 1992-1994 **Medical Research Associate**
Plastic Surgery Associates, Shreveport, LA
- Researched over 300 articles for analysis of the history and development, application and clinical findings of silicone used for implantable medical devices.
 - Provided Dow Corning with this research for their presentation at the FDA Breast Implant Forum in Bethesda, MD.
 - Lobbied in Congress on behalf of the Association of Plastic and Reconstructive Surgeons and private Louisiana Physicians in relation to the FDA silicone breast implant ban.
- 1992-1993 **Medical Sales Associate**
M.D. Medical Ltd., New Orleans, LA
- New Orleans Sales Representative for CUI and Orthomet product lines.
 - Coordinated educational seminars on silicone breast implant updates, arterial blood vessel elongation, and hip/knee joint replacement.
- 1992-Present **President, BV Design**
Jewelry making and design company, Shreveport, LA
- Design and create custom made jewelry.
- Summer 1989 **Research Assistant**
Kennedy Institute of Ethics, Washington, DC
- Researched cases for the Bioethics Information Retrieval Project.
 - Assisted with revisions of the Bioethics Thesaurus.
- 1988-1989 **Marketing Manager and Research and Development Analyst**
Systar, Inc., Washington, DC
- Marketing Manager
- Subcontractor liaison for Martin Marietta.
 - Managed technical staff for major HUD contract.
 - Designed and developed marketing and sales brochures, customer training materials and sales presentations.
- Research and Development Analyst
- Developed On-line Performance Monitoring Software for mainframe computers.

PUBLICATIONS AND PRESENTATIONS:

“Magnetic resonance imaging detection of a lesion compatible with central pontine myelinolysis in a pregnant patient with recurrent vomiting and confusion,” Valiulis, M.B., Kelley, R.E., Hardjasudarma, M., and London, S. Neuroimaging, October 2001, 11(4):441-443.

“An Advanced Undergraduate Multistep Synthesis of Poly (Styrene),” Zippi, E.M., Grover, J., Valiulis, M.B., and Cheek, H.C. Microchemical Journal, 1997, 55.

“Fictionalization of Cross-linked Poly (Styrene) in the Preparation of a PET Target Material,” Zippi, E.M., Grover, J., Valiulis, M.B., Tibbets, C. and Kalbalka, G.W. Appl. Radiat. Isotopes, 1996, 47, 513.

“Synthesis of Carbon-13 Sulfonated Poly (Styrene/Divinylbenzene) for Production of a Nitrogen-13 Target Material,” Zippi, E.M., Valiulis, M.B., and Grover, J. Proceedings of the 6th International Workshop on Targetry and Target Chemistry, Vancouver, British Columbia, August 1995.

“Synthesis of C-13 Sulfonated Poly (Styrene), Valiulis, M.B. and Grover, J., presented at the LSUS Department of Chemistry and Physics’ Spring Seminar Series, Louisiana State University, Shreveport, Louisiana, April 11, 1995.

Louisiana State University Health Sciences Center RESEARCH:

A Multicenter, Randomized, Double-Blind, Placebo-Controlled, Parallel-Group Study to Evaluate the Efficacy and Safety of an Investigational Medication for Prevention of Depressive Relapse in Adult Outpatients with Major Depressive Disorder.

Wyeth Research

PI: Mary Jo Fitz-Gerald, MD

Sub-Investigator: Mary Beth Valiulis, MD

July 2003

A Double-Blind, Flexible Dose Comparison of an Investigational Medication, a Comparator Medication and Placebo in the Treatment of Generalized Anxiety Disorder.

Forest Research Institute

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD

July 2003

An Investigational Medication as Sole Therapy for Bipolar Disorder.

Eli Lilly

PI: Arthur M. Freeman, MD

Sub-Investigator: Mary Beth Valiulis, MD

April 1999

A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group Study of an Investigational Medication to Improve Memory in Subjects with a Treated Anterior Communicating Artery Aneurysm.

Sention, Inc.

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD
December 2002-October 2003

A Multicenter, Double-Blind, Double-Dummy, Placebo-Controlled, Randomized, Parallel Group Evaluation of the Efficacy and Safety of a Fixed-Dose of an Investigational Medication Versus Placebo Versus a Comparator Medication in Subjects with Schizophrenia.

GlaxoSmithKline

PI: Mary Jo Fitz-Gerald, MD

Sub-Investigator: Mary Beth Valiulis, MD
December 2002-October 2003

DNA/RNA/SERUM Baking in Subjects with Early and Late Onset Alzheimer's Disease.

PrecisionMed

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD
April 2002

Efficacy and Tolerability of Three Commercially Available Atypicals in the Treatment of First Episode Psychosis: A Randomized Double Blind 52-Week Comparison.

AstraZeneca

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD
January 2002

A Double-Blind, Multicenter, Placebo-Controlled, Acute and Extension Study of 2 Doses of an Investigational Medication in the Treatment of Patients with Major Depressive Disorder.

Merck & Company, Inc.

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD
December 2001

An Investigational Medication in the Treatment of Pathological Gambling. A Placebo-Controlled Dose-Response Study.

Bioties Therapies Corp (Oy Contral Pharma Ltd.)

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD
December 2001-June 2003

The Efficacy and Safety of an Investigational Medication in the Treatment of Adolescents with Schizophrenia.

Johnson & Johnson Pharmaceutical Research and Development L.L.C.

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD
August 2000

The Efficacy and Safety of an Investigational Medication in the Treatment of Adolescents with Schizophrenia: A Follow-up Trial of Previous Studies.

Johnson & Johnson Pharmaceutical Research and Development L.L.C.

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD
August 2000

Risk Factors and Biological Markers in Patients with Schizophrenia, Their First or Second Degree Relatives and Controls.

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD

April 2001

Comparative Effectiveness of Antipsychotic Medications in Patients with Schizophrenia.

NIMH/UNC – Chapel Hill

PI: Anita Kablinger, MD

Sub-Investigator: Mary Beth Valiulis, MD

September 2000

Comparative Effectiveness of Antipsychotic Medications in Patients with Alzheimer's disease.

NIMH/UNC – Chapel Hill

PI: Arthur Freeman, MD

Sub-Investigator: Mary Beth Valiulis, MD

November 2000 – December 2003

MEMBERSHIPS AND CERTIFICATIONS:

American Board of Psychiatry and Neurology – Diplomate

- Board Certified in General Psychiatry since 2007
- Board Certified in Sleep Medicine since 2011

American Psychiatric Association

- Member in good standing since 2000

American Academy of Sleep Medicine

- Member in good standing since 2007

Shreveport Medical Society

- Member in good standing since 2000

Louisiana State Medical Society

- Member in good standing since 2000

Louisiana Psychiatric Medical Association

- Member in good standing since 2000

World Sleep Society

- Member in good standing since 2014

National Sleep Foundation

- Member in good standing since 2011